JINDAL COLLEGE FOR WOMEN

(Managed by Pragun Jindal Philanthropic Organization) Jindal Nagar, Tumkur Road, Bengaluru – 560073





NATIONAL SERVICE SCHEME (NSS)

ANNUAL REPORT

(2022-23)



The **National Service Scheme** (**NSS**) is an Indian government-sponsored public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year, 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community linkage. The overall objective of National Service is Educational. This objective is attained through the service to the community.

ACTIVITIES CONDUCTED

Regular Activities:

Orientation program:

In the month of 15th October 2022 NSS Committee was organized orientation program for I Years NSS, Principal spoke small introduction of the NSS activities and NSS Programme Officer spoke concise about the importance and roll and responsibility of NSS Volunteers, activities in NSS, working for a campus-community linkage and selection procedure.

NSS Day Celebration and Seminar on Suicide Prevention:

In the month of 23rd September 2023 NSS Committee was organized NSS day celebration and Seminar on Suicide prevention for all UG and PU students, Guest was Prof. Sundar Raj Urs, Former NSS Coordinator, Bangalore University he spoke related to suicide and its causes and how to prevent. After seminar students interact with sir and asked so many question regarding preventing suicide.

Gandhi Jayanthi Celebration:

On 02/10/2022 our NSS unit celebrated Gandhi Jayanthi at our college campus. Program started by lighting the lamp and pooja by our principal Prof. Veena T. NSS volunteers started Bajana Program and staffs and volunteers presenting flowers to Gandhi Photo. NSS volunteer welcomed the principal and staff, after that principal gave a speech about Gandhi's values to NSS volunteers and program end by vote of thanks and distributed the sweets.



Republic Day Celebration:

Republic day was celebrated on 26 January 2023. Behalf of Dr. Sitaram Jindal, ND, DSc, founder of Jindal Aluminium Limited, and Patron & Chief Architect of the Sitaram Jindal Foundation and its associate Trusts. And Mr. Pragun Jindal Khaitan serves as a Trustee of Sitaram Jindal Foundation. He is also Managing Director of Jindal Aluminium Limited. Prof. Veena T Was hosted the Flag. All NSS volunteers members presented in program and NSS volunteers performed Pyramid and dance.

Dr. B R Ambedkar Jayanthi Celebration:

Ambedkar Jayanti or Bhim Jayanti is an annual festival observed on 14 April to commemorate the memory of B. R. Ambedkar, Indian polymath and civil rights activist. It marks Dr. Babasaheb Ambedkar's birthday who was born on 14 April 1891. Since 2015 after much struggle in many states it has been observed as an official public holiday throughout India. Ambedkar Jayanti is celebrated not just in India but all around the world. Ambedkar struggled for equality throughout his life, hence his birthday is celebrated as 'Equality Day' in India, and the demand to declare this day as "International Equality Day" goes to the United Nations. On 24th April 2023, JCW NSS Unit Celebrated Dr. B R Ambedkar Jayanthi at our college auditorium.

International Yoga Day:

Yoga is essentially a spiritual discipline based on an extremely subtle Science, which focuses on bringing harmony between mind and body. It is an art and science for healthy living. On the occasion of **International Yoga Day** was celebrated virtual on 21 June 2023. On this day was organized the theme of 'Yoga for Vasudhaiva Kutumbakam', our students of JCW and all staff of UG performed various asanas which marked the event by students.

International Yoga Day is observed every year on June 21st to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system.

On 21st June 2023 Jindal College celebrated 9th International Day of Yoga. It was attended by many prominent professors and students from the college with Great Spirit. The event began with a brief introduction on Yoga Day by Ms. Gagana and Ganika.



Warm up exercises were taken and all the students practiced and performed sitting and standing asanas, importance of these asanas were explained simultaneously. The celebration concluded with the speech of our Hon'ble Principal Prof. Veena T. She encouraged students to practice regular yoga to remain fit and improve concentration. The Yoga Day celebrations ended with a huge success under the supervision of the Physical Education Department. Students came to know how practice of regular yoga helps to remain fit and improve their concentration.

Independence Day:

On 15th Aug 2023, Independence Day celebration in our college ground started with the National Anthem followed by Flag Hoisting. Flag hoisting was done by Prof. Veena T, Principal, Staff and students of Jindal College for Women. NSS Volunteers, NCC cadets and JCW students participated in parade by March past with discipline and dignity. NSS Volunteers performed patriotic dance which exhibited their Nationality and dedication.

India celebrated Independence Day on August 15th annually with a lot of pride and favor. It is a day that is important to every Indian citizen. It marks the day when India became truly independent and embraced democracy. Indians celebrate August 15th each year with lots of enthusiasm and zeal. On this day, people forget their religion, caste, creed, sex, and more. It brings together the country as a whole. It truly shows the diversity of our country. All participants gained the knowledge about the importance of Independence Day and been motivated still more towards serving our nation and lives.

Swatchha Ta Hi Seva (Sharmadhan Regular Activities):

Swachha Ta Hi Seva and it also called as the Clean India Mission or Clean India drive or Swachh Bharat Campaign. It is a national level campaign run by the Indian Government to cover all the backward statutory towns to make them clean. Under this NSS Unit volunteers have done regular sharmadhan activities in our college campus, out of the college, road sides, college bus stops, park area and college surrounding slum area.

On 24/09/2022, JCW NSS Unit conducted Regular NSS activity at Jindal campus. (40 NSS Volunteers involved.)



- > JCW 85 NSS Volunteer's of various streams were done Regular swachatta activities at our college premises on 01/10/2022.
- > JCW 85 NSS Volunteer's of various streams were done Regular swachatta activities at our college premises on 25/11/2022.
- On 30 may 2022, JCW NSS Unit conducted Regular NSS activity at Jindal campus. (70 NSS Volunteers involved.)
- > JCW 70 NSS Volunteer's of various streams were done Regular swachatta activities at our college premises Bus stops on 24/12/2022.
- ➤ On 25/01/2023 college NSS unit organized Swachatta activities in college surrounding.
- On 27/05/2023 JCW NSS Unit conducted Regular NSS activity at Jindal campus. (80 NSS Volunteers involved.)
- On 06/06/2023, JCW NSS Unit conducted Regular NSS activity at Jindal premises. (70 NSS Volunteers involved.)
- ➤ On 22/07/2023, JCW NSS Unit conducted Regular NSS activity at Jindal campus surrounding. (60 NSS Volunteers involved.)
- ➤ On 14/08/2023, JCW NSS Unit conducted Regular NSS activity at Jindal campus. (95 NSS Volunteers involved.)
- ➤ On 22/09/2023, JCW NSS Unit conducted Regular NSS activity at Jindal campus bus stops. (75 NSS Volunteers involved.)

Extension Activities:

Celebration Constitution Day:

Constitution Day (IAST: Samvidhāna Divasa), also known as "National Law Day", is celebrated in India on 26 November every year to commemorate the adoption of the Constitution of India. On 26 November 1949, the Constituent Assembly of India adapted to the Constitution of India, and it came into effect on 26 January 1950. An account of Constitution day our NSS unit celebrated Samvidhana Divasa on 26 November 2022. And they know the importance adaptation of some law"s in today world.



Awareness rally on World Aids Day:

World AIDS Day, designated on 1 December every year since 1988, is an international day dedicated to raising awareness of the AIDS pandemic caused by the spread of HIV infection and mourning those who have died of the disease. An account of "World AIDs Day" on 01/12/2022 NSS unit organized awareness about AIDS through rally at Chikkabidirakallu, NH-4 road side and Jindal Surrounding. All NSS volunteers participated in AIDS awareness Rally in public.

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National Youth Day Celebration:

National Youth Day was celebrated on 20th January 2023 to mark the birth anniversary of Swami Vivekananda. The NSS volunteers performed skit on life history of Swamy Vivekananda, His birth, childhood days and his teachings.

Voting awareness program:

On 08th May 2023 awareness rally on "voting" was observed by our NSS unit through rally which aimed to raise awareness among the public about the healp them to know the significance of voting in democracy.

Program output:

50 NSS Volunteers were involved and created awareness and rise the voice against voting at Chikkabidirakallu and surrounding.



Conducted General Health Check Up Camp:

From 26/05/2023 to 27/05/2023 College NSS, YRC unit initiative with IQAC and collaboration with MCH organized General Health Check Up camp for UG students 666 were benefited.

SPECIAL ACTIVITY

State Level Pre RD Selection Camp

Kum.Bindushree T II B.Com represented State Level Pre RD Selection Camp held at SDM College of Ayurveda, Hassan, Karnataka from 17/10/2022 to 20/10/2022.

PHOTO ALBUM

Orientation programe



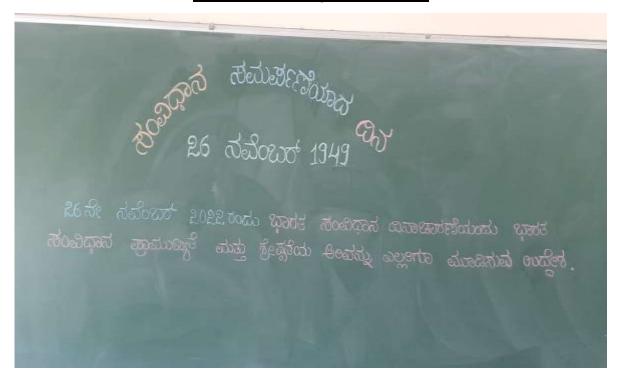


Republic Day Celebration





Constitution Day Celebration





Awareness on World Aids Day





Awareness rally on World Aids

Day













Gandhi Jayanthi Celebration





National Youth Day Celebration





Baba Saheb Dr. B R Ambedkar Jayanthi Celebration



International Yoga Day





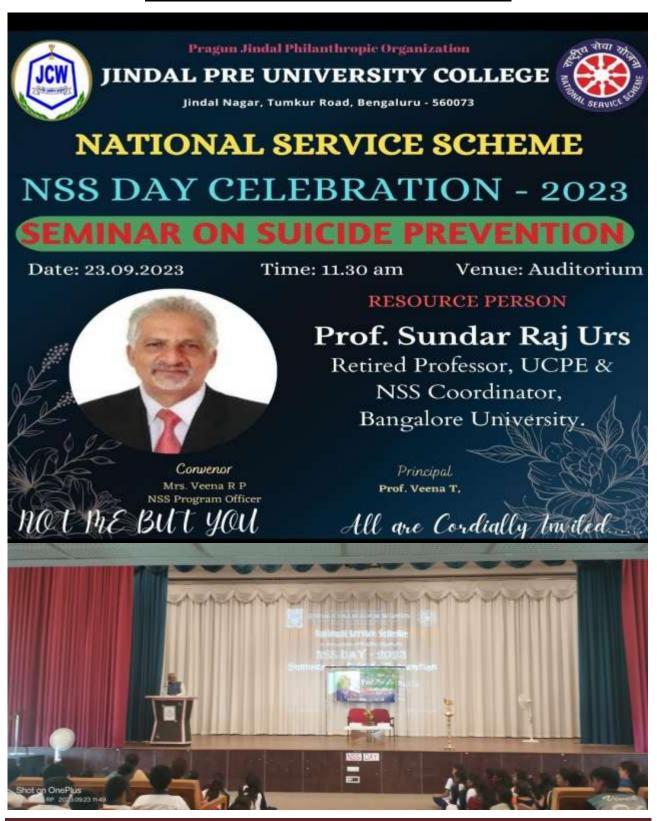
Independence Day Celebration



Voting Awareness Program



NSS Day And Seminar On Suicide Prevention





Swachatta Activity at our College Surrounding







General Health Check Up Camp











